



the

Aldrich Inquirer



Friday, February 10, 2017

Lunch Menu

- (+) contains pork
- (-) contains peanuts
- 😊 lowest in fat
- ⚠️ a little higher in fat
- 🔴 highest in fat
- Lunch Costs: \$2.35/Milk

Monday

Feb. 13

- A. Turkey Lunch Box 😊
- B. Hamburger ⚠️
- C. Beef & Cheese Nachos ⚠️
- D. Cheese Sandwich 😊
- E. Chicken Caesar Salad w/roll 😊
- Choice of Fruit 😊
- Choice of Milk

Tuesday

Feb. 14

- A. Chicken Popper Lunchbox 😊
- B. Corn Dogs 🔴
- C. Lasagna Roll-up w/roll ⚠️ 😊
- D. Dutch Waffle, Yogurt & Cheese
- E. Popcorn Chicken Salad w/roll
- Choice of Fruit 😊
- Choice of Milk

Wednesday

Feb. 7

- A. Pepperoni Pizza Lunch Box* 😊
- B. Chicken Nuggets ⚠️
- C. Jamaican Jerk Quesadilla ⚠️
- D. Fruit plate w/muffin 😊
- Choice of Fruit
- Choice of Milk

Thursday

Feb. 16

NO SCHOOL

Friday

Feb. 17

NO SCHOOL

Monday

Feb. 20

NO SCHOOL

Tuesday

Feb. 21

- A. Ham Lunch Box* 😊
- B. Chicken Patty Sandwich ⚠️
- C. French Toast Sticks & Sausage* ⚠️
- D. Strawberry Parfait 😊
- E. Mandarin Chicken Salad w/roll 😊
- Choice of Fruit
- Choice of Milk

Wednesday

Feb. 22

- A. Pepperoni Pizza Lunch Box* 😊
- B. Chicken Nuggets ⚠️
- C. Jamaican Jerk Quesadilla 😊
- D. Veggie Plate 😊
- Choice of Fruit
- Choice of Milk

Thursday

Feb. 23

- A. Turkey Lunch Box 😊
- B. Mozzarella Sticks w/marinara ⚠️
- C. Sweet & Sour Chicken w/rice ⚠️
- D. Yogurt Banana Split 😊
- E. Chef Salad w/roll* 😊

Friday

Feb. 24

- A. Ham Lunch Box* 😊
- B. Fish Nuggets w/roll ⚠️
- C. Spaghetti & Meatballs ⚠️
- D. Sun Butter & Jelly Sandwich 😊
- E. Hawaiian Salad w/bagel* 😊
- Choice of Fruit
- Choice of Milk

Running Calendar



- Feb. 13 Parent/Student/Teacher Conferences 4:15-8:15
- Feb. 14 Valentines Day Party 2:45-3:30
Parent/Student/Teacher Conferences 4:15-8:15
- Feb. 16 Parent/Student/Teacher Conferences 8-12
- Feb. 16-20 No School
- Mar. 3 Skating Party 5:00-7:00
- Mar. 7 Runza Family Night 5:00-8:00
- Mar. 16 1st Gr. Music Program
- Mar. 20-24 Spring Break
- Mar. 28 PTO Meeting 9:00 AM
- Mar. 31 Report Cards go Home
- Apr. 4 Texas Roadhouse Family Night
- Apr. 6 New KG Parent Meeting 6:30 PM
- Apr. 13 KG Music Program 6:30 PM
- Apr. 20 NO SCHOOL FOR KG
KG Roundup 9:00-11:00 AM
- Apr. 21 Mid-Quarter
- Apr. 27 Art Show 6:30-8:00
- May 1 PTO Volunteer Luncheon 10:30 AM
- May 4 5th Gr. Exhibition 6:30 PM
- May 5 Olympic Day Kick-off
- May 12 Olympic Day
- May 15 Walking Club Celebration
- May 18 5th Gr. Farewell

Aldrich Mission Statement

The mission of Bess Streeter Aldrich Elementary, and International Baccalaureate Primary Years Programme world school, is to guarantee academic excellence and the development of principled young people who become active, inquiring and compassionate life-long learners and global citizens by providing innovative opportunities and challenging programs of international understanding through guided inquiry.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov USDA is an equal opportunity and employer.

As stated above, all protected bases do not apply to all programs. The first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for all applicants and recipients of the Child Nutrition Programs.

Conference Schedules for Specialists

Doug Breiter/Band Monday, Feb. 13th 6:50-8:00
Camille Hinz/Orchestra Tuesday, Feb. 14th 6:15-8:15
Roshni Noronha/Speech Monday, Feb. 13th 4:15-8:15
Shannon Fischer/Psychologist Monday, Feb. 13th 4:15-8:15
Natalie Gray/Art Monday, Feb. 13th 4:15-8:15
M J Nickless/Counselor Tuesday, Feb. 14th 4:15-8:15

Message from Dr. Penke

Parking Lot/Pick Up Reminders:

Please do not create a pick up lane in the parking lot. If you choose not to use our one pick up lane by the curb of the school, then you need to park in a parking stall and walk over to pick up your child. Also, please do not park in the handicap parking stall unless you have a permit.

Also please remember that our first priority is safety for all students. Please refrain from using your cell phone if you are driving through the pick up lane.

Parent/Teacher Conferences:

We strive for 100% participation as we want to share the successes of our students with you. We look forward to meeting with you next week.

Have a great weekend!

Dr. Penke

Walking Club...

Thanks for all of our parent volunteers, we appreciate you. Please remember to dress for the weather, as it is cold in the mornings. Please dress in layers, with a coat, hat, and gloves. Walking Club will walk outside everyday unless the temperature is below 10 degrees with the wind chill.

Listed below are the students that have completed **50 and 75 miles**. Way to go walkers!

50 Miles

Ryhan Bhat
Brody Longnecker
Neal Mosser
Jonah Salem
Harrison Smith
Delaney Wegehaupt
Andy Xiao



75 Miles

Gabby Brandt
Jayden Huang
Annie Johnson
Benjamin Lindmark
Major Mosser
Logan Stark
Arthur Wang

Birthday Book Club Happy Birthday Allstars!



Addison Beardslee	“The Seventh Most Important Thing”
Tanya Bachu	“Paper Things”
Logan Dalla-Blackwell	“The Story of Spider-Man”
Ethan George	“The Tomorrow Army: Starring Captain American”
Maggie Galligan	“All the Answers”
Nathan Harden	“Duck On A Tractor”
Kiely Carlsen	“Mother Bruce”

MPS BOARD
MEMBERS

Dave Anderson
Mike Kennedy
Mike Pate
Linda Poole
Dr. Jim Sutfin -
Superintendent

LUNCH SCHEDULE

KG	11:30-11:50
1 st	12:00-12:20
2 nd	12:25-12:45
3 rd	11:50-12:10
4 th	12:15-12:35
5 th	11:20-11:40

SAFETY PATROL
FEB. 13-15

Martina – M
Ishani – M
Carson – M
Pryce – M
Jack H. – T
Joe – T
Cali – T
London – T
Hansika – W
Mia – W
Alex – W
Jack P. – W

FEB. 21-24

Jimmy – T
Hayden – T
Emma – T
Ishani – T
Carson – W
Mikey – W
Bella – W, F
London – W, F
Mia – Th
Cali – Th
Jack H. – Th
Alex – Th
Martina – F
Mia – F



Aldrich Little Artists...

Come and check out the artwork that is displayed in the big case in the main hallway, and in the frames inside the front office. Listed below are the students whose artwork is displayed now:

Office:

Clara Welker
Hailey Mao
Bella Avila-Ambrosi



Main Hallway:

Angelina Bhandari
Riona Ray
Harrison Smith
Austin Gong
Jingyi Wang
John Ulrich
Sahasra Koti
Michael Burns
Emma Hike
Maddie Harris
Mesfin Wilson
Zane Vogt
Kyson Bloomingdale
Anushka Sajja
Jocelyn Huang
Nora Baustert
Clara Welker
Avery Nogg
Nathan Harden



Aldrich Elementary Fundraiser

SATURDAY APRIL 1 - 7:05PM



VS



Help earn up to \$6 per ticket back to your school!

GET YOUR TICKETS TODAY!

JOIN US FOR OUR FUNDRAISER!

Aldrich Elementary is hosting a ticket fundraiser at the Omaha Lancers game!

With this link purchase tickets at a discounted group rate with up to \$6.00 per ticket sold going back to your school!

- Game Date: Saturday, April 1
- Opponent: Dubuque Fighting Saints
- Location: Ralston Arena (7300 Q Street)
- Doors Open: 6:00PM
- Puck Drops: 7:05PM
- **Deadline to Order: Friday, March 31st @ 7PM**
- Class with the highest attendance will receive donuts delivered by the Lancers the next week!

**ORDER YOUR TICKETS BY 2/28
AND RECEIVE A FREE ENTREE
FROM CHIPOTLE FOR EVERY 2
TICKETS ORDERED!***



*FREE ENTREE IN FORM OF REPAYMENT SEE CARD | LIMITED PER BUSINESS DAY
AND DELIVERED IN TICKET ENVELOPE ON GAME NIGHT

Click [HERE](#) to purchase your tickets now!

Help earn money for your school and enjoy a night of exciting hockey!

This is the best return on Fundraisers in Omaha!

50 Tickets sold:
\$200 back!

100 Tickets sold:
\$500 back!

150 Tickets sold:
\$900 back!

200 Tickets sold:
\$1200 back!



Community Corner

“I didn’t do it!” “It’s not my fault!”

Is your child quick to fault others for most everything? Do they place unnecessary blame on others when you wish they would take responsibility? How do we teach kids to accept responsibility for their actions?

Recently *Parent Magazine* offered some great tips, that I would like to share with you, to help your kid move from, "It wasn't me!" to learning to be accountable for his/her actions.

Connect the Dots:

Help your child make the link between what he/she does and what happens by pointing out real-life examples. For example, “Because you studied hard, you got an A on your spelling test” or “Since you jumped in a puddle, your shoes are wet.” Ask your child to think of a cause or an effect for certain situations. One example could be, “Mom was speeding in the car” and let your child come up with the possible consequence. The more opportunities your child has at identifying causes and effects, the easier it will be for him/her to work through their inner dialogue.

Make Honesty Easy:

Be sure to keep your cool if you want your child to come to you with the truth or admit it when asked. Remaining calm and being approachable makes telling the truth easier for your child and more likely that he/she will do it in the future. It is important to let your child know that everyone makes mistakes and discuss with your child what he/she could have done differently in the future. Always be sure to praise honesty, after all it is the best policy.

Stick to the Rules:

If sticking to the rules is difficult for you because your child has such a charming face and adorable way of persuading you to not enforce punishment, then you are teaching your child that he/she does not have to take the rules seriously. In order for your child to be accountable for his/her actions it is necessary for them to learn to accept the consequences of his/her own words, actions and decisions. The only way this can be done is by being consistent with the rules and discipline.

Keep Track of Progress:

Need a little help making the lessons stick? Turn this challenging behavior into a game. Create a chart and place it in a visual space in the house. Tell your child that he/she will get 5 points at the beginning of the week. Each time he/she tries to blame others, erase a point. If your child can get to the end of the week without reaching zero, reward him/her with a trip to the park or staying up 30 minutes past bedtime one night. Don’t give up if the points diminish at first, stick with it and the chart will be a reminder of what he/she needs to do in order to not pass the buck.

Respectfully,

Rye McIntosh LCSW
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