

the Aldrich Inquirer

Friday, March 3, 2017

Lunch Menu

- (+) contains pork
- (-) contains peanuts
- 😊 lowest in fat
- ▲ a little higher in fat
- ☹ highest in fat

Lunch Costs: \$2.35 Milk

Monday

Mar. 6

- A. Pepperoni Lunch Box* 😊
- B. Cheeseburger ▲
- C. Waffle Sticks & Scrambled Eggs ▲
- D. Chicken Ranch Wrap 😊
- E. Chicken Caesar Salad w/roll 😊
- Choice of Fruit
- Choice of Milk

Tuesday

Mar. 7

- A. Ham Lunch Box* 😊
- B. Hot Dog ☹
- C. Beef Soft Taco 😊
- D. Strawberry Parfait 😊
- E. Pinata Beef Salad w/chips 😊
- Choice of Fruit
- Choice of Milk

Wednesday

Mar. 8

- A. Pepperoni Pizza Lunch Box* 😊
- B. Chicken Nuggets ▲
- C. Honduran Bean & Queso Blanca Quesadilla ▲
- D. Veggie plate w/muffin 😊
- Choice of Fruit
- Choice of Milk

Thursday

Mar. 9

- A. Turkey Lunch Box 😊
- B. Pepperoni Pizza* ▲
- C. French Toast Sticks & Eggs ▲
- D. Yogurt, Banana Split 😊
- E. Chef Salad w/roll* 😊
- Choice of Fruit
- Choice of Milk

Friday

Mar. 10

- A. Vegetarian Lunch Box 😊
- B. Fish Nuggets w/roll ▲
- C. Macaroni & Cheese ▲
- D. Buffalo Chicken Wrap 😊
- E. Popcorn Chicken Salad w/roll
- Choice of Fruit
- Choice of Milk

Running Calendar



- Mar. 3 Skating Party 5:00-7:00
- Mar. 7 Runza Family Night 5:00-8:00
- Mar. 16 2nd Gr. Music Program 6:30
- Mar. 20-24 Spring Break
- Mar. 28 PTO Meeting 9:00 AM
- Mar. 31 Report Cards go Home
- Apr. 4 Texas Roadhouse Family Night
- Apr. 6 New KG Parent Meeting 6:30 PM
- Apr. 13 KG Music Program 6:30 PM
- 1st Gr. Music Program 7:15 PM
- Apr. 18 Orchestra/Concert 6:30 PM
- Apr. 20 NO SCHOOL FOR KG
- KG Roundup 9:00-11:00 AM
- Apr. 21 Mid-Quarter
- Apr. 27 Art Show 6:30-8:00
- May 1 PTO Volunteer Luncheon 10:30 AM
- May 4 5th Gr. Exhibition 6:30 PM
- May 5 Olympic Day Kick-off
- May 12 Olympic Day
- May 15 Walking Club Celebration
- May 18 5th Gr. Farewell

SAFETY PATROL MAR. 6-10

- Neal M. – M, F
- Javy – M, W, F
- Harrison – M, W
- Claire B. – T, F
- Hannah L. – T
- Lauren – T, W
- Grace – T, Th
- Claire P. – W
- Reema – Th
- Yousuf – Th, F
- Vandana - Th



LUNCH SCHEDULE

KG	11:30-11:50
1 st	12:00-12:20
2 nd	12:25-12:45
3 rd	11:50-12:10
4 th	12:15-12:35
5 th	11:20-11:40

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program_intake@usda.gov. USDA is an equal opportunity and employer.

As stated above, all protected bases do not apply to all programs. The first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for all applicants and recipients of the Child Nutrition Programs.

MPS BOARD MEMBERS

- Dave Anderson
- Mike Kennedy
- Mike Pate
- Linda Poole
- Dr. Jim Sutfin - Superintendent

Aldrich Mission Statement

The mission of Bess Streeter Aldrich Elementary, and International Baccalaureate Primary Years Programme world school, is to guarantee academic excellence and the development of principled young people who become active, inquiring and compassionate life-long learners and global citizens by providing innovative opportunities and challenging programs of international understanding through guided inquiry.

Message from Dr. Penke

Congratulations:

Congratulations to Ethan Fuller for winning our Aldrich Geography Bee and qualifying to compete at the state level! Way to go!

Music Programs Update:

Due to our postponement of our second grade music program in early February, we made some changes. Here are the new dates and times for the music programs for the rest of the year:

Second Grade	March 16th	6:30pm
Kindergarten	April 13th	6:30pm
First Grade	April 13th	7:15pm

PTO:

A big thank you to the PTO for helping recognize the teachers this week during Teacher Appreciation week! Thank you to everyone who showed their support of our great teachers and staff!

News Story:

KMTV 3 did a news story on our school and the International Baccalaureate program! Mrs. Srb was interviewed for the feature. The story is planned to air on March 23rd so be looking for it!

Have a great weekend!
Dr. Penke

Walking Club...

Thanks for all of our parent volunteers, we appreciate you. Please remember to dress for the weather, as it is cold in the mornings. Please dress in layers, with a coat, hat, and gloves. Walking Club will walk outside everyday unless the temperature is below 10 degrees with the wind chill.

Listed below are the students that have completed **25, 50, 75 and 100 miles**. Way to go walkers!

25 Miles

Keerthana Vinod

50 Miles

Vinni Cox
Andy Hsi
Chris Lowes
Lydia Stalnaker

75 Miles

Jimmy Bellus
Gavin Boyd
Tomas Elvir
Neah George
Kane Patterson
Beau Pedersen
Octavio Perversi
Connor Seiler
Will Thayer
Cali Wisdom

100 Miles

Pavan Athota
Logan Baustert
Matthew Brockman
Ethan Brockman
Berkley Brown
James Donahue
Isaac Ekdahl
Gavin Gonzalez
Avery Hagner
Halle Hasenjager
Cael Herron
Ben Holiday
Alexis Jamal
Elijah Jamal
Cade Johnson
Tatum Kaiser
Tejith Kodali
Nicole Liu
Benjamin Lowes
Rachel Ma
Marius Matache
Carson McDonnell
Reid Novak
Tristan Pritchard
Jude Ramsey
Pieper Roeder
Noelle Um
Leah Wisdom



PTO News...



The Aldrich PTO invites all families to attend our school skating party. Come play with friends and meet some new ones.

Friday, March 3rd 5 to 7 p.m. Show your school spirit! Dress in red, white and blue. Prizes awarded for the most school spirit. The class with the most attendance wins a free game of Laser Tag to play together that night.

Are you interested in being more active in PTO? If so, we have several opportunities open for committee chairs for next year. Want to hear more? Email: president@aldrichpto.com
Like us on facebook: Aldrich Elementary PTO

Birthday Book Club
Happy Birthday Allstars!



Joshua Zastrow

“I’ll Wait, Mr. Panda”

Lost and Found....



The lost and found is overflowing. Please check the lost and found box in the hallway just to the left of the front door for any missing items such as coats, hats, gloves, jackets and lunch boxes, etc.



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Metropolitan Reading Council



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Congratulations to the following students listed below for participating in the Metropolitan Writing Contest:

1st Place Naavya Luthra

3rd Place Anushku Sajja

Honorable Mention: Vitesh Potuhera & Tanya Bachu

HELP!!!!

“Attention Allstars!” Aldrich PTO requests your assistance. We are in need of helpers during the day to help with lunch room and media center duties. If you are able to help please use the links listed below to sign up:

<https://m.signupgenius.com#!/showSignUp/8050efacad29a46-aldrich4>

<https://m.signupgenius.com#!/showSignUp/8050e4facad29a46-aldrich3>

Book Fair...

The Spring Book Fair was a success and we would like to thank our Aldrich families for their support! The books you bought encourage your students to read and also raise PTO funds for student activities and extra-curricular programs. Through your generosity we also raised \$500.00 to donate books to the Millard community through Project Wee Care. The students made a beautiful Giving Tree and a popcorn party was won by Ms. McCarthy’s class for the most donations. We want to give a special thanks to all of the volunteers and staff who helped make the Book Fair happen. We couldn’t do it without you!

Krista Lind and Stacey Edward, Book Fair Co-Chairs

SkateDaze Welcomes: **ALDRICH ELEMENTARY**

**Come out to SkateDaze
for a FundRaising
Family Skate Party!!**

**TEACHERS
SKATE FREE!**



**FRIDAY, MARCH 3, 2017
5:00PM-7:00PM**

Family Deal \$18
14" One topping Pizza
5 Breadsticks
& Pitcher of Soda.

Meal Deal \$4
Hot Dog or Pizza Slice
Chips & Small Drink.

Skate or Play ONLY.....	\$3.50
Do BOTH for ONLY.....	\$6.50
Skate Rental.....	\$2.00
Trainer Rental.....	\$5.00

Ask your teacher
how your
classroom can win
a free game of
laser tag!



Valid for up to 2 weeks after skate party



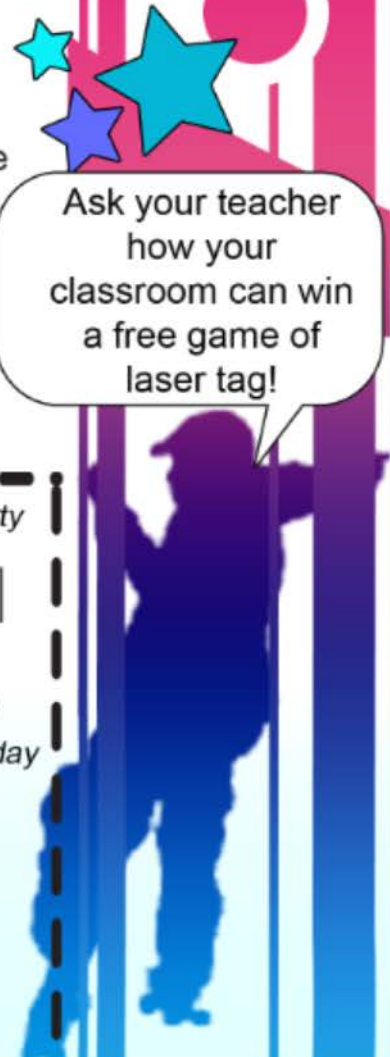
Free skate lessons for all students

This coupon allows you one complimentary lesson on Saturday mornings from 10am - 11am and stay to skate until 1pm

ALDRICH ELEMENTARY

School Name

3616 South 132nd St. (Between Center & 'L' Street)
402-333-3555 www.skatedaze.com



Aldrich Elementary Fundraiser

SATURDAY APRIL 1 - 7:05PM



VS



DUBUQUE
FIGHTING SAINTS

Help earn up to \$6 per ticket back to your school!

GET YOUR TICKETS TODAY!

JOIN US FOR OUR FUNDRAISER!

Aldrich Elementary is hosting a ticket fundraiser at the Omaha Lancers game!

With this link purchase tickets at a discounted group rate with up to \$6.00 per ticket sold going back to your school!

- Game Date: Saturday, April 1
- Opponent: Dubuque Fighting Saints
- Location: Ralston Arena (7300 Q Street)
- Doors Open: 6:00PM
- Puck Drops: 7:05PM
- **Deadline to Order: Friday, March 31st @ 7PM**
- Class with the highest attendance will receive donuts delivered by the Lancers the next week!

**ORDER YOUR TICKETS BY 2/28
AND RECEIVE A FREE ENTREE
FROM CHIPOTLE FOR EVERY 2
TICKETS ORDERED!**



*FREE ENTREE IS TRIMMED BIPPONI GET ONE CHIP | LIMITED PER PERSON
AND DELIVERED BY TURTLE BOWLOPE CO. ORANGE COUNTY

Click [HERE](#) to purchase your tickets now!

Help earn money for your school and enjoy a night of exciting hockey!

This is the best return on Fundraisers in Omaha!

50 Tickets sold:
\$200 back!

100 Tickets sold:
\$500 back!

150 Tickets sold:
\$900 back!

200 Tickets sold:
\$1200 back!

Community Corner



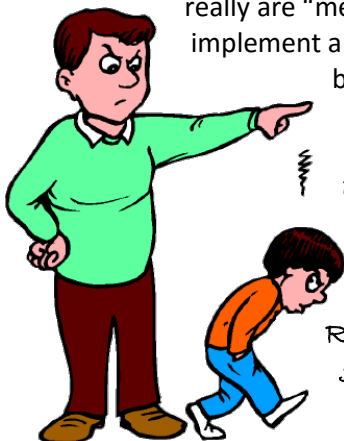
“I’m not a MEAN parent, I’m a parent that MEANS business!”

Just yesterday my daughter called me mean. Later that night as I decompressed on the couch once the kids were finally asleep I caught myself wondering, “Am I really a mean parent?” I quickly stopped myself and realized NO!!! I’m just a parent that is in the *business* of raising my kids to be safe, respectful, and responsible and sometimes or rather most of the time, that means making unpopular decisions.

Business?!? You ask...why yes! I’m talking about those situations where we as parents take the tough, loving road, not the comfortable one where life proceeds without confrontation. Call me crazy but too many parents these days have a preconceived notion that they must “friend” their child. As a *business* mom, I believe in writing thank you notes, doing daily chores, knowing their friends and parents alike, instilling healthy eating habits, and maintaining bedtimes and curfews. All of these things make me the “mean” mom. ☺

“Mean” parents make no excuses for any discomfort a child may experience due to loving boundaries. Children balk at boundaries but only because they can’t understand that boundaries are good for them. As a parent, it is my job to see the big picture. It is my job to see the person my child can be. Ever heard the slogan...I’m not raising a child. I’m raising an adult?

1. We all have to work. When we make excuses such as, “It’s easier if I vacuum” or “They should have fun. They can work the rest of their lives,” we rob them of valuable lessons in responsibility. If your child is old enough to go potty by themselves and navigate the iPad better than you, they can most certainly put clothes in the hamper or load the dishwasher. Kids rise to our expectations. Expect them to be lazy and that’s what you’ll get.
2. Let them fail. Don’t let society’s every-one-is-a-winner message steal your child’s opportunity to learn from loss and failure. Studies show that children are more likely to succeed when parents and teachers reassure them that working hard-and failing-is a necessary part of how they learn something. Failure is merely a pinch of pain that grows kids into adults who can fall and then get back up again!
3. Rule their technology. My daughter used to wake up at 5AM just so she could continue the game she was playing late the evening before. When I realized this, I told her that her iPad would now reside in my room during the night until after breakfast the following day. Yes technology gives benefits in communication, safety, education, and entertainment but all those benefits are muddied by easy access to pornography, violence, and mature content. And then there’s the concern around the sheer amount of screen time. As technology becomes more engrained into our culture, it is imperative we set age-appropriate boundaries for it.
4. Stick to your word. When you live up to your word, your kids will take you seriously. If your child knows you really are “mean” enough to take iPad privileges away, say no to a weekend slumber party, or even implement a grounding from extra-curricular activities because they couldn’t follow your loving boundaries, they are more likely to ensure their values align with yours.



If you want more information and practical tools and tips for parenting your child, feel free to contact me. You can reach me by phone at (402) 715-8774 or e-mail me anytime at rlmcintosh@mpsomaha.org.

*Respectfully,
Rye McIntosh, LCSW
School Social Worker*