



the Aldrich Inquirer

Friday, September 30, 2016

Lunch Menu

- (+) contains pork
- (-) contains peanuts
- 😊 lowest in fat
- ▲ a little higher in fat
- ⊛ highest in fat

Lunch Costs: \$2.25Milk

Monday

Oct. 3

- A. Turkey Lunch Box 😊
- B. Meatball Sub ▲
- C. Lasagna w/roll ▲
- D. Italian Sub* 😊
- E. Hearty Garden Salad w/bagel
- Choice of Fruit 😊
- Choice of Milk

Tuesday

Oct. 4

- A. Ham Lunch Box* 😊
- B. Mini Corn Dogs ⊛
- C. Baked Ziti w/roll 😊
- D. Pretzel, Yogurt Bowl & Cheese
- E. Popcorn Chicken Salad w/roll
- Choice of Fruit 😊
- Choice of Milk

Wednesday

Oct. 5

- A. Pepperoni Pizza Lunchbox* 😊
- B. Chicken Nuggets ▲
- C. Crispito w/cheese sauce ▲
- D. Fruit Plate w/muffin 😊
- Choice of Fruit
- Choice of Milk

Thursday

Oct. 6

- A. Turkey Lunch Box 😊
- B. Cheese Pizza ▲
- C. Beef & Cheese Nachos ▲
- D. Candy Corn Parfait with Pumpkin Muffin 😊
- E. Chef Salad w/Bagel* 😊
- Choice of Fruit
- Choice of Milk

Friday

Oct. 7

- A. Ham Lunch Box* 😊
- B. Chili w/cinnamon roll ▲
- C. Ravioli & Roll ▲
- D. Cheese Sandwich 😊
- E. Spicy Chicken Salad w/roll
- Choice of Fruit 😊
- Choice of Milk

Running Calendar...



Oct. 5	Read & Feed Book Fair A-H 11:00-1:00
Oct. 6	Read & Feed Book Fair I-P 11:00-1:00
Oct. 7	Read & Feed Book Fair Q-Z 11:00-1:00
Oct. 10	Parent/Teacher/Student Conferences 4:15-8:15
Oct. 11	Parent /Teacher/ Student Conferences 4:15-8:15
Oct. 12-14	NO SCHOOL!
Oct. 13	Parent/ Teacher /Student Conferences 8-12
Oct. 25	Picture Re-take
Oct. 28	Olympic Day Meeting
Oct. 31	Halloween Parade – 2:30 PM Party – 2:45-3:30
Nov. 1	Texas Roadhouse Family Night
Nov. 14	PTO Meeting 9:00 AM
Nov. 16	Mid-Quarter
Nov. 25-26	NO SCHOOL!
Dec. 6	Star Style Concert 6:30 PM
Dec. 7	Star Style Tour
Dec. 22-Jan. 4	Winter Break
Jan. 5	School Resumes
Jan. 10	Texas Roadhouse Family Night
Jan. 13	Report Cards go home
Jan. 24	PTO Meeting 9:00 AM

SAFETY PATROL OCT. 3-7

- Andie – M, W
- Sunny – M
- Jonah – M, T
- Srimathi – M, Th
- Sarah – T
- Addison – T
- Caiden – T, W, F
- Leila – W
- Adithi – Th, F
- Tommy – Th, F
- Juhith – Th
- Wyatt - F



LUNCH SCHEDULE

KG	11:30-11:50
1 st	12:00-12:20
2 nd	12:25-12:45
3 rd	11:50-12:10
4 th	12:15-12:35
5 th	11:20-11:40

MPS BOARD MEMBERS

- Dave Anderson
- Mike Kennedy
- Paul Meyer
- Mike Pate
- Linda Poole
- Pat Ricketts
- Dr. Jim Sutfin - Superintendent

Conference times for Specialists...

Anne Oeth	October 10	4:15-8:15
Camille Hinz	October 10	4:15-8:15
Doug Breiter	October 11	6:50-8:15

Lost and Found...

The lost and found is overflowing. Please check the lost and found in the hallway for any lost items.

Aldrich Mission Statement

The mission of Bess Streeter Aldrich Elementary School is to guarantee academic excellence through the development of principled young people who become active, inquiring and compassionate life-long learners and global citizens by providing innovative opportunities and challenging programs of international education through guided inquiry.

Message from Dr. Penke

Gallup Student Poll:

Millard Public Schools and Gallup will be partnering to measure the engagement of our students through the Gallup Student Poll. Gallup's research indicates that students who are more engaged in learning have higher class grades, achievement scores, and academic retention. Students in grades 5 through 12 will participate in the survey at school during the month of October. If you have any questions about the Gallup Engagement Surveys, please contact Dr. Penke.

Parent/Teacher Conferences: Conferences are coming up! Your scheduled conference time is coming home today. Our goal is to have 100% participation in conferences!

Dismissal from the back of the school: Students are allowed to play on the playground equipment ONLY if they are supervised by a parent/adult. We are asking all other students to leave the school grounds immediately after school so they can make their way home safely. We are not providing supervision for students to play for 10 minutes after school. Also, please exit the playground area when the Kids Network students come outside as they are renting our space.

Social Media: Please follow us on Facebook at <http://bit.ly/2dbk82q> and on Twitter at <https://twitter.com/MPSAldrich>. We are proud of all of the wonderful learning experiences that occur daily at Aldrich and we want to share them with you!

PTO Carnival: Our PTO Carnival is today! We hope to see you at the Carnival tonight!!!! Thanks for supporting our school!

PTO Book Fair: Our book fair is coming next week! Please fill out the Read and Feed form if you are planning to attend.

Have a great weekend!

Dr. Penke

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov USDA is an equal opportunity and employer.

As stated above, all protected bases do not apply to all programs. The first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for all applicants and recipients of the Child Nutrition Programs.

Carnival

We hope you can join us for the 10th annual PTO Fundraising Carnival tonight.

- Rain or Shine
- Everyone is welcome!
- Free Admission

Birthday Book Club
Happy Birthday AllStars!



Trey Ruge	“Valley of Kings”
Tyler Vander Plaats	“Cavemice-Help, I’m in Hot Lava!”
Xan Michaud	“Big Nate: Welcome to My World”
Will Farrington	“Moon Over Mainfest”
Nora Baustert	“A Fabumouse Vacation for Geronimo”
Sanjana Gollamudi	“Thea Stilton and the Mountain of Fire”
Jeffrey Sookram	“Eyes of the Storm”
Ardy Usmonov	“Big Nate: Say Good-Bye to Dork City”
Sarah Bhat	“Thea Stilton and the Mystery in Paris”
Brody Longnecker	“Winston of Churchill: One Bear’s Battle Against Global Warming”
Auspy Li	“How to Clean A Hippopotamus”
Ryhan Bhat	“Geronimo Stilton: Attack of the Bandit Cats”
Tatum Kaiser	“Knit-Knotters”
Cali Wisdom	“Sunny the Yellow Fairy”
Neah George	“Geronimo Stilton: All Because of a Cup of Coffee”
Anjali Kolukuluri	“Max and the Won’t Go to Bed Show”
Charlie Funk	“Do Not Bring Your Drago to the Library”
Finn Blohm	“A Nightmare on Clown Street”
Amudha Ramalingam	“I Can Read With My Eyes Shut!”
Svasthikaa Loganathan Rangasamy	“My New Teacher and Me!”
Alejandra Coj	“Fairy Tale Comics”
Charles Harden	“Machines Go to Work in the City”
Parker Bourne	“The Night World”



A "Big Top" THANK YOU to the following for sponsoring
an Aldrich School Carnival Game or Attraction!



BLUE All-Star Sponsors:

Akhil & Abhinav Bettadapura

Mira & Saara Mukherjee

Quarles Family

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Kumon Math & Reading Center of Omaha

Aarav Bhandari



RED All-Star Sponsors:

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The Lowes & Um Families

Natalie & Emily Cisler

Nandipati Family

Bryce Penke Real Estate

**Aldrich Boy Scout Pack 285 Courtesy of
Rupp Chiropractic & Advanced Nutrition and
Children's Dental Specialists**



SILVER All-Star Sponsors:

Lawn Doctor

Nick Klein & Family

Anonymous

Akhilesh Kode

Rama Krishna Devanaboyina

Izzy Zhang

Ruge Family

Scheer Family

Devanaboyina Family

Jessica Lu Family

The Epstein Family

Girl Scout Troop #41368

The Aces Home Group - Berkshire
Hathaway Home Services Ambassador Real
Estate
Benefit Plans, Inc.

A special Thank You to Hy-Vee for donating several items and all of our Anonymous donors.

Important Information about Aldrich School Carnival

Adult Volunteers still needed!! Moms, dad, aunts, grandparents!! Please help us fill our volunteer spots simply email PRESIDENT@ALDRICHPTO.COM to get signed up.

Tickets & Meals - Please be sure to check your child's backpack the week of Carnival if you preordered tickets. Or if you are a Game and Attraction Sponsor. If you did not preorder tickets they will be for sale at the Carnival Ticket Booth at a cost of 4 tickets for \$1.00

You may also purchase a Hy-Vee Catered meal with your choice of Hot Dog, Hamburger or Veggie Burger includes chips and soda for only \$6.50

We accept Cash, Checks, and ****New for 2016: Accepting credit cards****

Concessions - We will be offering Snow Cones, Cotton Candy & Little Caesar's Cheese Pizza ****New for 2016****
**** PTO Snack Shack** - featuring some candy, drink and snack items for purchase. All Concessions require tickets for purchase.

Carnival Parking - Carnival Parking will be allowed on the North curb of Cass, South Curb of W Dodge Frontage Rd & West curb of 162nd Ave. (ONE SIDE OF THE STREET ONLY PLEASE) as well as the Grassy Lot on the corner of 162nd Ave & Cass - Across the Street from the school. We also strongly encourage carpooling and parking in the neighborhood. Parking is NOT allowed in the Methodist Health Lot. Please be good neighbors and do not block driveways or park in front of fire hydrants.

Silent Auction & Class Room Basket Raffle - Don't forget to check out the great selection of items and services available for purchase at our Silent Auction. Items will be displayed in the main hallway. Bidding and Raffle ends promptly at 7:30 p.m.- Need not be present to win.

Checkout for auction items will begin at 8:00 p.m. in the Library

Class Room Basket winners will be announced at 7:45 and you may collect your basket in the Library.

****New for 2016**** - Purchase your raffle tickets and pay for your silent auction items via Cash, Check or Credit Card.

Also, don't forget to complete an order form to reserve a copy of your child's class 5x7 picture for only \$10

Redemption - ****New for 2016****In order to make the prize process run smoothly, we will not be using lanyards to collect punches this year. Prizes will be awarded at each game instead of waiting in line at the Redemption Center at the end of the night. Bags are provided to put your prizes in they are included in your preorder ticket packet or you can get them at the ticket booth.

The Aldrich School Carnival will go on, rain or shine!

Friday, September 30th

Please see the 2016 Attractions List

Thank you to the countless volunteers, sponsors and community partners who makes this fundraiser possible



Community Corner

How can you raise successful children?



The famous marshmallow experiment tested the self-control of preschoolers by leaving them alone with a marshmallow. The children were given a choice of one treat right now or two treats later. Research followed these children for years and found that the children that waited the longest to eat the marshmallow tended to be more successful. They had higher academic success, higher SAT scores, lower frequencies of substance abuse, less likelihood of obesity and better social skills. Self-control has been linked to being able to cope with stress better, increased concentration along with higher levels of compassion and the ability to control emotions.

Research has showed that when parents help their children develop self-control, their children are more successful in school and are more likely to be high achievers. Parents can help children practice and develop self-control skill through creative and imaginative play, where children create their own rules. Research has also shown that children will be more responsive to following the rules when the game is fun. When children follow their own rules they are controlling their behavior and in turn developing self-control. As with any new skill it needs to be practiced, parents should give their children lots of opportunity to practice. Self-control is not about following the rules but learning how to control impulses to achieve a desired goal.



Taking turns while playing a game is one way to practice self-control. Board games can provide children the opportunity to practice self-control skills. Creative and imaginative play provides the child with opportunities to experience self-control because the game is fun and gives the child more incentive to try. Parents may need to find other activities for children who have difficulty controlling themselves. They may want to find activities that let children be more successful based on their skill level, this allows the children to increase their skill level.

Parents will want to start at the child's level and build upon the child's current level by providing praise for improving. Parents should not compare their child to others who are doing better. Children may become resistive or resentful when compared to others. The children involved in the marshmallow study were not disciplined for not waiting to eat the marshmallow. They were also not given praise for waiting, however, they knew they would receive another marshmallow if they waited. So by the demonstrating self-control the children received another marshmallow.

The experiment reinforced the concept that if you want to be successful at something, you will need to develop self-control skills and take action instead of becoming distracted or impulsive.

If you want more information and practical tools and tips for parenting your child, feel free to contact me. You can reach me by phone at (402) 715-8774 or e-mail me anytime at rlmcintosh@mpsomaha.org.

Respectfully,
Rye McIntosh, LCSW
School Social Worker